

14 dementia risk factors

1 Physical inactivity



2 Smoking



3 Excessive alcohol consumption



4 Air pollution



5 Head injury



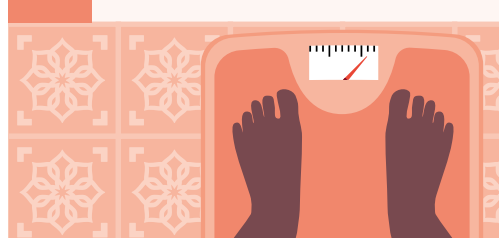
6 Infrequent social contact



7 Less education



8 Obesity



9 Hypertension



10 Diabetes



11 Depression



12 Hearing impairment



13 High LDL cholesterol



14 Vision loss



Source: Dementia prevention, intervention, and care: 2024 report of the Lancet standing Commission, Livingston, Gill et al. *The Lancet*, Volume 404, Issue 10452, 572–628

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